



Milk served with
Breakfast & Lunch






CORPUS CHRISTI INDEPENDENT SCHOOL DISTRICT Elementary School - Breakfast & Lunch Menu

OCTOBER 2017



A complete meal consists of at least 3 items at breakfast. One of the 3 items must be a Fruit or Juice.

Complimentary Breakfast Served to ALL Elementary Students and Complimentary Lunch Served at the following Elementary Schools: Allen, Berlanga, Calk-Wilson, Club Estates, Crockett, Evans, Fannin, Galvan, Garcia, Gibson, Hicks, Houston, Kostoryz, Los Encinos, Me adowbrook, Menger, Metro E, Montclair, Moore, Oak Park, Sanders, Schanen, Shaw, Smith, Travis, Woodlawn, Yeager, and Zavala!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
02 Breakfast: Breakfast on a Mini Bun  Fruit Cup or Dried Fruit Orange Juice Lunch: Cheese Enchiladas w/Chili Spanish Rice OR Turkey Ham & Cheese Sandwich OR Yogurt w/Granola & Roll Pinto Beans, Salsa Romaine Lettuce w/Ranch Dressing Rosy Applesauce	03 Breakfast: Cereal Combo Frozen Fruit Cup or Dried Fruit Orange Juice Lunch: Pepperoni Pizza  OR Turkey & Cheese Wrap OR Yogurt w/Granola & Roll Green Beans Baby Carrots w/Ranch Dressing Fresh Red Apple	04 Breakfast: Ultimate Breakfast Round Fresh Apple Slices or Dried Fruit Orange Juice Lunch: Frito Pie w/Chili Beans OR Chicken Salad Sandwich OR Chef Salad w/Ranch Dressing & Roll Sweet Corn Romaine Lettuce w/Ranch Dressing Mandarin Orange	05 Breakfast: Mini French Toast Fresh Banana or Dried Fruit Orange Juice Lunch: Chicken Nuggets/Roll w/Catsup OR Turkey Breast & Cheese Sandwich OR Yogurt w/Granola & Roll Mashed Potatoes w/Country Gravy Fresh Broccoli w/Ranch Dressing Chilled Peaches Homemade Buttered Roll	06 Breakfast: Banana Bread Fruit Cup or Dried Fruit Orange Juice Lunch: Hamburger or Cheeseburger on a Bun OR Tuna Salad Sandwich OR Yogurt w/Granola & Roll Baked Potato Wedges w/Catsup Romaine Lettuce w/Pickles Fresh Orange	
09 PROFESSIONAL DEVELOPMENT	10 Breakfast: Cereal Combo Frozen Fruit Cup or Dried Fruit Orange Juice Lunch: Chicken Alfredo OR Turkey & Cheese Wrap OR Yogurt w/Granola & Roll Steamed California Vegetables Baby Carrots w/Ranch Dressing Fresh Red Apple	11 Breakfast: Breakfast Pizza  Fresh Apple Slices or Dried Fruit Orange Juice Lunch: Hot Dog w/Chili On Bun w/Mustard or Catsup OR Chicken Salad Sandwich OR Chef Salad w/Ranch Dressing & Roll Sweet Corn Spinach Salad w/Mandarin Oranges Chilled Peaches	12 Breakfast: Mini Waffles Fresh Banana or Dried Fruit Orange Juice Lunch: Chicken Nuggets/Roll w/Catsup OR Turkey Breast & Cheese Sandwich OR Yogurt w/Granola & Roll Mashed Potatoes w/Country Gravy Fresh Broccoli w/Ranch Dressing Rosy Applesauce Homemade Buttered Roll	13 Breakfast: Banana Bread Fruit Cup or Dried Fruit Orange Juice Lunch: Hamburger or Cheeseburger on a Bun OR Tuna Salad Sandwich OR Yogurt w/Granola & Roll Baked Potato Wedges w/Catsup Romaine Lettuce w/Pickles Fresh Orange	
16 Breakfast: Beef Sausage Biscuit Fruit Cup or Dried Fruit Orange Juice Lunch: Chicken & Cheese Burrito OR Turkey Ham & Cheese Sandwich OR Yogurt w/Granola & Roll Pinto Beans, Salsa Romaine Lettuce w/Ranch Dressing Chilled Peaches	17 Breakfast: Cereal Combo Frozen Fruit Cup or Dried Fruit Orange Juice Lunch: Pasta w/Meaty Meat Sauce OR Turkey & Cheese Wrap OR Yogurt w/Granola & Roll Green Beans Baby Carrots w/Ranch Dressing Fresh Red Apple	18 Breakfast: Bagelful w/Cream Cheese Fresh Apple Slices or Dried Fruit Orange Juice Lunch: Chicken Burger w/Pickle Chips OR Chicken Salad Sandwich OR Chef Salad w/Ranch Dressing & Roll Mixed Vegetables Romaine Lettuce w/Ranch Dressing Rosy Pears	19 Breakfast: Mini Pancakes Fresh Banana or Dried Fruit Orange Juice Lunch: Steak Fingers/Roll w/Catsup OR Turkey Breast & Cheese Sandwich OR Yogurt w/Granola & Roll Mashed Potatoes w/Brown Gravy Steamed Broccoli Chilled Diced Apricots Homemade Buttered Roll	20 Breakfast: Banana Bread Fruit Cup or Dried Fruit Orange Juice Lunch: Hamburger or Cheeseburger on a Bun OR Tuna Salad Sandwich OR Yogurt w/Granola & Roll Baked Potato Gems w/Catsup Romaine Lettuce w/Pickles Fresh Orange	
23 Breakfast: Breakfast on a Mini Bun  Fruit Cup or Dried Fruit Orange Juice Lunch: Cheese Enchiladas w/Chili Spanish Rice OR Turkey Ham & Cheese Sandwich OR Yogurt w/Granola & Roll Pinto Beans, Salsa Romaine Lettuce w/Ranch Dressing Rosy Applesauce	24 Breakfast: Cereal Combo Frozen Fruit Cup or Dried Fruit Orange Juice Lunch: Pepperoni Pizza  OR Turkey & Cheese Wrap OR Yogurt w/Granola & Roll Green Beans Baby Carrots w/Ranch Dressing Fresh Red Apple	25 Breakfast: Ultimate Breakfast Round Fresh Apple Slices or Dried Fruit Orange Juice Lunch: Frito Pie w/Chili Beans OR Chicken Salad Sandwich OR Chef Salad w/Ranch Dressing & Roll Sweet Corn Romaine Lettuce w/Ranch Dressing Mandarin Orange	26 Breakfast: Mini French Toast Fresh Banana or Dried Fruit Orange Juice Lunch: Chicken Nuggets/Roll w/Catsup OR Turkey Breast & Cheese Sandwich OR Yogurt w/Granola & Roll Mashed Potatoes w/Country Gravy Fresh Broccoli w/Ranch Dressing Chilled Peaches Homemade Buttered Roll	27 Breakfast: Banana Bread Fruit Cup or Dried Fruit Orange Juice Lunch: Hamburger or Cheeseburger on a Bun OR Tuna Salad Sandwich OR Yogurt w/Granola & Roll Baked Potato Wedges w/Catsup Romaine Lettuce w/Pickles Fresh Orange	
30 Breakfast: Morning Sausage Roll Fruit Cup or Dried Fruit Orange Juice Lunch: Empanadas OR Turkey Ham & Cheese Sandwich OR Yogurt w/Granola & Roll Pinto Beans, Salsa Romaine Lettuce w/Ranch Dressing Chilled Pineapple	31 Breakfast: Cereal Combo Frozen Fruit Cup or Dried Fruit Orange Juice Lunch: Chicken Alfredo OR Turkey & Cheese Wrap OR Yogurt w/Granola & Roll Steamed California Vegetables Baby Carrots w/Ranch Dressing Fresh Red Apple	Online Free and Reduced Meal Application SCHOOL LUNCH APP www.schoollunchapp.com -Private -Convenient -Secure -Faster than paper application Cafeteria Workers Needed!! If interested apply online at: www.ccisd.us Click on>Human Resources> scroll down to: Jobs and Applications for Employment			View Students Meal Application Status Online SCHOOL LUNCH STATUS www.schoollunchstatus.com • Print approval letters • Secure • Receive Emails notifying of any status change



You can track meal history & account balance for FREE or make Pre-Payments at www.myschoolbucks.com



Menu is subject to change. For any menu changes go to: <https://www.ccisd.us/DEPARTMENTS/Food-Services/Cafeteria-Menus>